



WAG Open Scoring Start Value Worksheet

Gymnast Name: _____ Gymnast Club: _____ Apparatus: _____

#	Name of Skill	Difficulty (A/B/etc.)	Value (A=0.1, B=0.3, C=0.5, etc.)	Condensed Element Group (I-IV)	EG Bonus (one per Condensed Group, max +1.2)
1					
2					
3					
4					
5					
6					
7					
8					

Execution
10.0

+

Total Difficulty:

+

Total EG

Skills short of 6

=

Start Value:

Difficulty Notes: A=0.1, B=0.3, C=0.5, etc. Only the top 8 most valuable skills count towards difficulty, so only list the 8 most difficult in the "Value" column

Element Group Bonus: For each Element Group (detailed below) that you do a B or higher skill, you get +0.3 bonus. Only one bonus per EG per routine, for a maximum of +1.2

Short routine deduction: for each skill fewer than 6 in the routine, the gymnast will lose 1 point (so a 4 skill routine gets -2.0)

Element Groups for Each Apparatus			
	Bars	Beam	Floor
I	1. Mounts 8. Dismounts	1. Mounts 9. Dismounts	1. Leaps/Jumps/Hops 2. Turns
II	2. Casts/Counterswings	2. Leaps/Jumps/Hops 3. Turns	3. Handstands 4. Rolls 5. Walkovers/Cartwheels etc.
III	3. Underswings/Clear Hips 6. Stalder Circles 7. Circle Swings/Hechts	4. Waves 5. Holds/Stands 6. Rolls	6. Saltos Forward 7. Saltos Sideward/Arabians
IV	4. Giant Swings Backward 5. Giant Swings/Circles Fwd.	7. Walkovers/Cartwheels etc. 8. Saltos	8. Saltos Backward