



Trampoline Competition Card

Session _____

Level:
(circle one)

New Flyers

Intermediate Flyers

High Flyers

Name: _____ M/F: _____

Team/Club: _____ Squad : _____

Skill	Shorthand	DD
1)		
2)		
3)		
4)		
5)		
6)		
7)		
8)		
9)		
10)		

Final Score:

Chair of Panel Signature _____

New Flyers	Int. Flyers	High Flyers
Max Skill DD: 2 @ 0.5 or 0.6 (some exceptions)	Max Skill DD: 0.8 Max Routine DD: 5.0	Min. Routine DD: 4.5
No more than 2 saltos 0.0 may be repeated once each	Min. 3 Saltos	



Synchro Trampoline Competition Card

Session _____

Level:
(circle one)

New Flyers

Intermediate Flyers

High Flyers

Names: _____

Team/Club(s): _____

Skill	Shorthand	DD
1)		
2)		
3)		
4)		
5)		
6)		
7)		
8)		
9)		
10)		

Final Score:	
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Chair of Panel Signature _____

New Flyers	Int. Flyers	High Flyers
Max Skill DD: 2 @ 0.5 or 0.6 (some exceptions)	Max Skill DD: 0.8 Max Routine DD: 5.0	Min. Routine DD: 4.5
No more than 2 saltos 0.0 may be repeated once each	Min. 3 Saltos	



Double Mini Competition Card

Session _____

Level:
(circle one)

New Flyers

Intermediate Flyers

High Flyers

Name: _____ M/F: _____

Team/Club: _____ Squad : _____

Pass 1

Skill	Shorthand	DD
First Skill:		
Dismount:		
	Pass 1 Score :	

Pass 2

Skill	Shorthand	DD
First Skill:		
Dismount:		
	Pass 2 Score :	

New Flyers	Int. Flyers	High Flyers
Max Skill DD: 1 @ 0.6 or 0.7	Max Skill DD: 1.2 Max Pass DD: 1.6	Min. Pass DD: 1.4
Max 1 salto per pass	Min. 2 Saltos	

Combined Score:	
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Chair of Panel Signature



New Flyers Tumbling Competition Card

Session _____

Name: _____ M/F: _____

Team/Club: _____ Squad : _____

Pass 1

Skill	Shorthand	DD
1)		
2)		
3)		
4)		
5)		
6)		
7)		
Pass 1 Score:		

Pass 2

Skill	Shorthand	DD
1)		
2)		
3)		
4)		
5)		
6)		
7)		
Pass 2 Score:		

New Flyers

Max Skill DD: 0.2

Max Pass DD: 1.3

Pass can have 4-7 skills for 10.0 start

Any skill can be done 2x per pass if it has different entry/exit

Combined Score:

Chair of Panel Signature



Intermediate Flyers Tumbling Comp. Card

Session _____

Name: _____ M/F: _____

Team/Club: _____ Squad : _____

Pass 1

Skill	Shorthand	DD
1)		
2)		
3)		
4)		
5)		
6)		
7)		
8)		
Pass 1 Score:		

Pass 2

Skill	Shorthand	DD
1)		
2)		
3)		
4)		
5)		
6)		
7)		
8)		
Pass 2 Score:		

Intermediate Flyers	
Min Skill DD: 0.2 (and 0.1 rebound) Max Skill DD: 1.0	Pass 1 Max DD: 2.6 Pass 2 Max DD: 2.9
Pass 1: 5-8 skills; any number of saltos	Pass 2: 8 skills; max 1 non- whip salto as dismount only

Combined Score:

Chair of Panel Signature



High Flyers Tumbling Competition Card

Session _____

Name: _____ M/F: _____

Team/Club: _____ Squad : _____

Pass 1

Skill	Shorthand	DD
1)		
2)		
3)		
4)		
5)		
6)		
7)		
8)		
Pass 1 Score:		

Pass 2

Skill	Shorthand	DD
1)		
2)		
3)		
4)		
5)		
6)		
7)		
8)		
Pass 2 Score:		

High Flyers

2 - 8 skill passes	Min Pass DD: 2.0
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Combined Score:

Chair of Panel Signature
